

UNICARE CHC CHRONICLES

WOMEN'S HEALTH EDITION



August, 6, 2024



A Message From The CEO

I want to take a moment to extend my heartfelt gratitude to each one of you. Your unwavering dedication and tireless efforts have been the driving force behind our continued success, and I couldn't be more proud to be part of this extraordinary team.

Our accomplishments so far are a testament to your hard work, resilience, and commitment to excellence. Whether through innovative solutions, collaborative teamwork, or the everyday perseverance that fuels our progress, your contributions have not gone unnoticed.

Thank you for your dedication and for being an integral part of our journey. Your efforts truly make a difference, and together, we will continue to build a brighter future.


Avetik Machkalyan
CEO

WELCOME!

Newsletter Highlights

- UCHC's Finance Department
- An Intro To Women's Health

- UCHC's Women's Health Department
- Employee Spotlight
- Welcoming New Hires



Unicare Sit-Down: Gary Pogosian CFO



Women’s health is a cornerstone of a thriving society, given that women constitute half of the global population and play vital roles in every aspect of life, from nurturing families to leading communities. Prioritizing women’s health goes beyond ensuring physical well-being; it encompasses access to comprehensive medical care, mental health support, and the ability for women to make informed choices about their bodies and lives.

Personally, the significance of women’s health resonates deeply with me due to my wife and daughter, whose well-being is central to our family’s happiness and stability. Their health and rights are intertwined with their quality of life and empowerment. Ensuring that women have access to necessary health services and are protected under equitable policies is not just a matter of justice, but a fundamental aspect of fostering a fair and flourishing society. By supporting and advocating for women’s rights and health, we uphold the essential values of equality and respect, which benefits everyone.

- Gary Pogosian, CFO

An Update with Finance

Our department is expanding to tackle new accounting challenges and improve our financial systems. We’re hiring two accounting clerks who will be involved in Accounts Payable (AP), Accounts Receivable (AR), and credit card reconciliation. These roles are essential for managing our growing financial operations.

Looking Ahead:

Onboarding Controllers

Enhancing Detail & Functionality

Commitment to Evolving & Strengthening

We aim to address current challenges more effectively and position ourselves for future growth. This approach not only strengthens our internal operations but also supports our overall organizational objectives by maintaining accuracy and efficiency in our financial management!

UHC’s Finance Department



The finance department at UHC works closely with the administrative team to ensure seamless operations and accurate financial management. While the finance team focuses on budgeting, accounting, and financial reporting, the admin team supports these functions by managing day-to-day administrative tasks, facilitating communication, and coordinating schedules.

This close collaboration ensures that financial processes are efficiently integrated with administrative workflows, enhancing overall organizational efficiency and ensuring that both teams can address any issues promptly and effectively.

WOMEN'S HEALTH



STRONG WOMEN, STRONG HEALTH: EMPOWERING EVERY STEP

What is Women's Health & Why is it important?

Women's health encompasses a broad range of physical, mental, and emotional well-being aspects unique to women. It includes issues like reproductive health, hormonal balance, and conditions such as osteoporosis and breast cancer. Additionally, it addresses the impact of lifestyle choices, access to healthcare, and societal factors on women's overall health. Key areas of focus include preventive care, such as regular screenings and vaccinations, and managing specific health concerns that may arise at different stages of life, from menstruation and pregnancy to menopause.

The importance of women's health lies in its direct impact on the quality of life for half the global population. Prioritizing women's health ensures that women can lead fulfilling lives, contribute effectively to their families and communities, and reduce health disparities. Addressing women's health comprehensively promotes better outcomes not only for women themselves but also for their families and society at large. By investing in women's health, we support healthier generations and more equitable healthcare systems.



Women's Health at Unicare

Well-Woman Exams
Breast Exams
Mammogram Referrals
Cervical Cancer
Screenings – Pap Test
STD Testing

Prenatal Obstetric Care
Ultrasound referrals
NST Genetic Screening referral
Gestational Diabetes Care and
referrals
High-risk pregnancy expertise
Postpartum check-up

WOMEN'S HEALTH AT UCHC



MEET
SONYA QUINTEROS,
CPHW



What does Women's Health mean to you?

Women's health means a lot to me. I use the knowledge I have to help my patients understand the female reproductive system, guiding them through their pregnancy and postpartum care for example. I focus on counseling them to the best of my ability to make sure they understand and receive the comfort they need while receiving care at Unicare.

Can you give a preview of what Women's Health looks like at UCHC?

The Department of Women's Health at Unicare provides detailed one on one comprehensive prenatal care services with guidance through out their whole pregnancy and postpartum. The goal is to make sure patients understand the changes and complications they are going through. Other services we include GYN care consultations, birth control procedures, gyn procedures to evaluate other problems - and we do this for girls and women across different ages. We are always doing our best to communicate with them, make sure they understand what they are going through and have an opportunity to ask questions so they fully understand our recommendations.

What's the future for Women's Health at Unicare?

The future for our women's health at UCHC will continue to grow in each of our Unicare facilities with more CPHWs and Providers.

EMPLOYEE SPOTLIGHT

Dr. Alenda Luptrawan Dental Director

This month, we are shining a light on one of our team members who goes above and beyond in her role and encourages others with her hard work and commitment.

Join us in celebrating Dr. Luptrawan!



An Interview with Dr. Luptrawan

DESCRIBE YOUR IDEAL DAY IN THREE WORDS

Family. Food. Fun.

WHAT IS YOUR FAVORITE CREATIVE OUTLET?

I don't have any creative hobbies, but I do enjoy reading fiction to relax and de-stress.

WHAT IS YOUR PROUDEST ACCOMPLISHMENT AT UNICARE?

I am most proud of building the dental team we have today. Our dental team members are the absolute best! I have witnessed their dedication and eagerness to learn. They are some of the kindest, hardest-working people I know, and I am grateful for them every day.

A graphic showing several hands holding up large, colorful letters that spell out the word "THANKS". The letters are in various colors: pink, blue, yellow, green, and orange. The hands are wearing dark suit sleeves.

WHAT DREW YOU TO YOUR CAREER? HOW'D YOU END UP HERE?

As a kid, whenever I was asked, "What do you want to be when you grow up?" I always answered, "I want to be a doctor." So my mind was set on going to medical school. In high school, I had an assignment to interview someone with my dream job. At the time, I didn't have any family members who were physicians, and I couldn't call my pediatrician's office for an interview, so I settled on interviewing my dentist since I had an appointment. She opened my eyes to a career I had never considered - one that combines art and science - and I decided then to become a dentist.

I had my interview with our CEO, Avo, in 2015. At the time, Unicare only had a few locations, and they wanted to add dental services. Avo shared his vision of growing Unicare to become the biggest and best community health center in the Inland Empire. He asked me if I wanted to be a part of something great and build the dental department from the ground up. How could I say no to that?

WELCOME ONBOARD NEW HIRES!

We are delighted to introduce our newest members who bring fresh perspectives and talents to our company. As we continue to grow and evolve, we are excited to on board valuable contributors to Unicare. At our company, we value diversity, collaboration, and innovation, and we look forward to seeing all that our new hires will accomplish with Unicare.

Welcome to the team, we are thrilled to have you with us!

**Dr. Morrison Steel,
Director of Psychiatry**



Krystal Bermudez Uong, FNP



Isaias Cortez, DA



Priscilla Covarrubias, MA



Alondra Diaz, MA



Jacqueline Martinez, MA



Hilda Rangel, MA



Britney Rodriguez, MA

